

SPECIAL POINTS OF INTEREST:

- Greetings from the 2009-2010 WI FCCLA President
- TEAM Training Recap
- National Cluster Meeting 2009

NewsWave

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What's Happening in WI FCCLA

Hello Wisconsin FCCLA!

Thank you to all who attended a TEAM Training this October! The State Executive Council was very excited to see so many enthusiastic members and advisers. I hope you learned something new, are excited for a great FCCLA year, and are ready to *Drive Your Future!*

I'm looking forward to seeing many of you at the National Cluster Meeting in Louisville, Kentucky November 20-22. Whether your destination is Louisville, Salt Lake City, Utah, or Washington D.C., get ready for a great weekend filled with workshops, excitement, learning, and sightseeing!

Now is the perfect time to start working on a STAR (Students Taking Action with Recognition) Event. Competing in one of these Events gives you the opportunity to improve your leadership skills and better your school, community, and yourself. There are so many different Events, you're sure to find one that interests you! Check them all out at www.fcclainc.org/content/star-events.

Do you want to take your leadership to the next level? It's never too early to consider running for a state office and start filling out the application! If you're interested in becoming a state officer, talk to your adviser and contact any of this year's officers for more information. Applications are due February 1st.

See you in Louisville!



Hannah Ness
State President
wi.fccla.pres@gmail.com

2009 National Cluster Meeting

Are you ready to Grasp Greatness at the 2009 National Cluster Meetings? You'll take your leadership to the next level and Grasp Greatness at this year's Cluster Meetings held in Washington D.C. November 13-15, and Salt Lake City, Utah, and Louisville, Kentucky November 20-22. During these weekends you'll attend general sessions led by the 2009-2010 National Officers, be inspired by outstanding motivational speakers, and learn more about FCCLA and becoming involved during break-out sessions. Of course, you'll also have the opportunity to shop and explore the city. The weekend will culminate with a dance on Saturday night before coming home to share your new ideas and inspirations with your chapter!

By: Hannah Ness

"A good objective of leadership is to help those who are doing poorly to do well and to help those who are doing well to do even better."

Jim Rohn

The logo for "Grasp Greatness" features the word "GRASP" in large, bold, white capital letters. Each letter is set against a different colored square background: 'G' is green, 'R' is blue, 'A' is red, 'S' is orange, and 'P' is light blue. Below "GRASP", the word "GREATNESS" is written in white capital letters on a solid black rectangular background.

GRASP
GREATNESS

Cluster Meetings:



Here we come!



Washington, D.C.

November 13-15

Louisville K.Y. and Salt Lake City, U.T.

November 20-22

Pack your suitcase!

*Don't forget to bring these
essentials with you...*

- Business casual attire
- FCCLA t-shirts to wear around the city
- Personal hygiene products
- Comfortable walking shoes
- A snazzy outfit for the dance!
- A good attitude and Wisconsin FCCLA spirit!!





TEAM Training Summary 2009

In the past month Wisconsin Family, Career and Community Leaders of America (FCCLA) held 3 TEAM Trainings throughout the state. The three locations this year were Chula Vista Resort in Wisconsin Dells, Stevens Point, and UW Stout in Menomonie, WI. This year we had a great turn-out, with over 800 FCCLA members attending in total!

TEAM Trainings are meetings that are organized and conducted by the Wisconsin State Council. The state officers and advisers make various sessions for members to choose from and they can learn about different aspects in FCCLA. For example, this year the sessions were; Fill up Your Tank with FCCLA Basics, A Walk Down Main Street, Taking Care of Business, Rev up Membership, Party in the Park, and Regional Representative Training. These sessions allowed members to learn more about STAR competitive events, the basics of FCCLA, how to boost membership, and much more.

The State Executive Council received a lot of positive feedback on the new schedule this year and we are trying to work on getting a team training location near the Madison area next year. We hope that we can get even more members next year with the new membership campaign "Strive for 5". The "Strive for 5" program urges each chapter to increase membership by adding 5 new members. By doing this Wisconsin FCCLA would increase their membership by 500 members! The State Executive Council challenges chapters to take the valuable information gathered at TEAM trainings and apply these concepts this school year in their programs of work. For support, or additional information chapter members and advisers can visit the state website at <http://wifccla.webs.com/> or the dpi website at <http://dpi.wi.gov/fccla/index.html>.

By : Joey Reidel



What's Happening in National Programs?

National Programs in Action

Families First-

Friends, school, money, sports, family...

What comes first?



It seems that families today are becoming more and more disconnected. We all live fast paced lives and it can be difficult to blend everyone's conflicting schedules of school, sports, work, and family. This school year I've definitely noticed a change within my household. Now, I'm able to drive myself to school and my other activities, which is a good thing...right? Well yeah, most of us would understand that it takes a load off of our parents when they can take off their chauffeur hats. But I've recently realized that the time spent in the car from home to school and back is very valuable. It can be used as an extra 20-30 minutes a day to talk with my mom about my day at school. What can we all possibly do to work in more 'family time'?

This is one issue FCCLA members can try to help students with while incorporating the FCCLA National Program, *Families First*. This project could address two of the Families First units: *You-Me-Us* and *Balancing Family and Career*. The unit *You-Me-Us* focuses on strengthening relationships within families. As we grow up we change and gain different views and attitudes on relationships with our friends and family. While our opinions might change a bit, it's important that FCCLA members set the example to keep communication strong in their households. There's also a need to manage the multiple responsibilities of every member of the family, which is the focus of the unit, *Balancing Family and Career*. Most FCCLA members are at ages of acquiring more responsibilities, so we should educate students about how to balance all of their activities, while staying true to their families.

An idea to promote 'family time' within the families in your community is to put on a family game week. Opposed to just one night of fun, which all families would not be able to attend, having a week of evening family activities would give families more opportunities to attend together to enjoy each other's company. Games and learning opportunities would greatly benefit families of different sizes and backgrounds. When FCCLA members make the extra effort to reach out to their classmates and community members it can make a difference in the success in family relationships in many areas. When everyone is working together for a common cause it is very likely that they will all benefit from the situation, while also having fun. This type of event would also easily promote and publicize FCCLA in a very positive manner.

All in all, it's our job as leaders in our families, careers, and communities to reach out to others to promote our mission. Utilizing national programs, such as *Families First* and more will help to spread the word about what FCCLA is really trying to accomplish. Because family is the central focus of our organization, *Families First* is one of the best ways to promote our mission and fulfill our purposes. I wish good luck to all Wisconsin STAR Event participants this year, especially those who take the challenge of working with a National Program. I can't wait to see you at the 2010 State Leadership Conference!

Lizzie Cook

Wisconsin FCCLA Secretary/Treasurer

National Programs in Action

Career Connection-

CAREER CONNECTION TIPS

HELP! HOW CAN I BALANCE MY SCHOOL, WORK AND EXTRA CURRICULAR ACTIVITIES WITHOUT STRESSING OUT?

Everyone wants to be a part of everything these days, but we all know that that is just not possible. Many of us get tangled up in so many activities that our lives become stressful. So here are some tips that will hopefully help you organize your school, work and extra curricular activities.

1. Make a list of responsibilities for home, school, and extra curricular activities. Include weekly and daily events and appointments.
2. Prioritize!!!! Put your lists side by side and decide what is most important and put that at the top of your new list!
2. Buy a calendar to keep track of events and when they happen. Make sure it is one with a lot of writing room to write down daily notes. Example: A daily planner
4. Fill in your calendar with your new prioritized list. Make sure to write down when and where
5. Carry your daily planner with you all the time so you can frequently check it.

Personal ideas from your State Middle Level Representative Jessie Pratt!

1. Read Kiplinger's Magazine! They always have articles about work and how to invest the money you earn. They also have articles about how to save for college.
2. Don't make commitments you cannot keep! Don't get caught up in too many school extra curricular activities. Pick three at the most and make a difference in those organizations. Create a friendly relationship with your bosses and advisers. In case an issue arises you shouldn't feel intimidated to talk to your adult leaders. If you show them you are a hard working individual they will understand and help you work around the issue.

Websites used:

http://www.ehow.com/how_4474400_manage-time-home-school-work.html

By: Jessie Pratt



National Programs

There use to be twelve National Programs but they have now narrowed it down to eight. Leaders at Work is now a sub category of Career Connection. Japanese Exchange is part of Families First. Also Dynamic Leadership was put into all of them. STAR Events is no longer a National Program but considered a Competi-



With National Programs you can create lesson plans, projects, fill out application and try to win money on items of business you create with the National Programs.

Depending on the program there are certain types of applications chapters can fill out. But for most there are two types at both the State and National Levels.



Types of Applications:

- o State Level
- Certificate
- Recognition at State
- National Level
- Short Application
- ✦ Just certificate and recognition
- Long Application



Certificate, recognition,
and in the running for
money/scholarship

****Don't forget to fill out the application!!**

For more information on the National Programs, project ideas, and applications please visit the National Website at www.fcclainc.org or the Wisconsin FCCLA Website at www.dpi.wi.gov/fccla.

Spotlight on Chapters!

Mishicot FCCLA

This year has been the best year so far for Mishicot FCCLA. In late August Mishicot FCCLA set up a booth at Freshman Orientation and recruited 30 new freshman members! With just 2 months into the school year Mishicot FCCLA already has tripled it's membership from last year! This year the membership total is 55 members! How did they do it? With the main members being seniors this year Mishicot FCCLA wanted to recruit new members but how? At freshman orientation Mishicot FCCLA officers handed out little "welcome to high school" baggies to all the freshman. Inside the baggies were little sayings and candy to help them understand what high school is all about.

This year Mishicot FCCLA took 28 members to TEAM Trainings which is the 2nd highest chapter who attended TEAM Trainings in October. With the unbelievable turnout this year adviser Ashley Parker can't wait until STAR Events. She is so excited on the member's enthusiasm to be active in FCCLA.

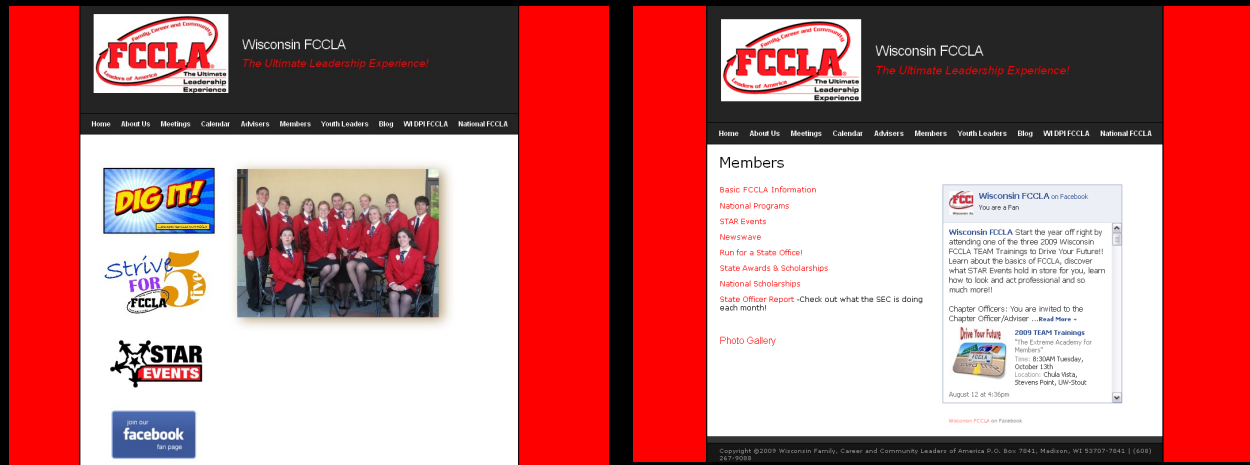
Mishicot FCCLA this month is hosting a Thanksgiving dinner for their members before the fall break. They do this every year and there is no doubt that this year is going to be a great turnout. Also coming up in February Mishicot FCCLA hosts a Snowball dance with other student organizations in their school. This is always a huge success because it like a winter homecoming for them.

Great job this year Mishicot FCCLA!!!!

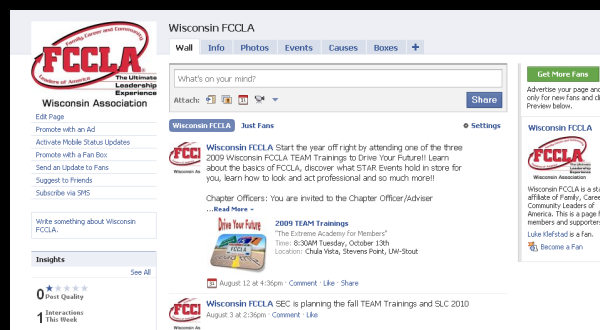
By: Amanda Zellner

FCCLA Members:

Get ready for the release of a brand new WI FCCLA website directed toward you and updated by the state officers! There will be resources, reminders, and pictures so you can stay connected with WI FCCLA and the 2009-2010 State Executive Council. Information on programs, scholarships and awards, meetings, and leadership opportunities will all be available. More details on the release date and where to find our new state officer website coming soon!



Also stay connected with the WI FCCLA Face book Page. Become a fan and join in the fun: <http://www.facebook.com/pages/Wisconsin-FCCLA/37491647170?ref=ts>.



Get to Know the S.E.C!

Name: Alyshia Rueckert
Hometown: Washburn
School: Washburn High
Age: 18

Grade: 12th or senior

Involvement in school activities (other than FCCLA): I'm in three volleyball leagues (high school, city, and JO) Teen Court, and Show Choir.

What do you feel is the most interesting or unique aspect of FCCLA?

I love the fact that you can help the community with a service project and in doing so you better yourself in ways such as competition in STAR Events.

Why did you join FCCLA and what has FCCLA done for you?

I joined FCCLA because I really like some of the projects we were going in my FC/E class in sixth grade. The projects I like working on were FCCLA organized projects and once I got really into the projects Mrs. Drevlow (my adviser) asked me to join FCCLA and ever since I have really enjoyed the organization.

FCCLA has taught me many new skills. I have gained a lot confidence through FCCLA, gotten to travel to many new places, and meet multiple new friends. I also learned how to better put together service projects, and help my community.

Name: Hannah Ness

Hometown: Clear Lake, WI

School: Clear Lake Jr/Sr High

Age: 18

Grade: 12

Involvement in school activities (other than FCCLA):

School: Yearbook, National Honor Society

Out of School: Youth Group, 4-H, Girl Scouts

What do you feel is the most interesting or unique aspect of FCCLA?

I love the variety of STAR Events and National Programs! Whether you're interested in technology, food preparation, fashion or interior design, helping out your community, or just want to look into possible careers, FCCLA has something for you!

Why did you join FCCLA and what has FCCLA done for you?

I first joined FCCLA because my older sister was in it, but have stayed in it because of all the opportunities it offers. FCCLA helped me refine my public speaking skills, and gave me confidence I probably wouldn't otherwise have. I've also met many great people through FCCLA, and have gained close friends.